Respite in the Reeds

Free outdoor activities just for women.

If you like spending time in the outdoors,

If you would like to be a bit more active,

If the thought of trying something new scares you, but you would like to do it anyway....

Contact us to find out more

melanie.wheeler@bittern-meadow.co.uk

Call or text 07507842187

www.bittern-meadow.co.uk

